



## Draft Agenda, virtual conference (as of 2022-04-26)

Session descriptions can be found at <https://qnetconference.ca/#sessions>

Livestream = virtual participant joining the in person presentation live    Virtual = straight virtual presentation

8:00	Virtual Welcome & Meet Up (virtual)		
8:15	Welcome & Keynote (livestream)		
9:30	Break		
9:50	Networking Break Activity: Mindful Moment <u>or</u> Stretch Break (choose one)		
10:00	Leadershift Panel (livestream)		
10:45	Break		
	BREAKOUT / CONCURRENT SESSIONS (select one):		
11:00	Leader in the Middle (livestream)	Redesigning the Workplace: Flexibility and the Future of Work (livestream)	Inclusive Behaviours for Inclusive Leadership (virtual)
12:00	Lunch Break		
12:20	Virtual Lunch Meet Up (virtual)		
12:45	Lunch Energizer! Five Strategies to Stay Connected to Positive Energy		
	BREAKOUT / CONCURRENT SESSIONS (select one):		
1:00	What if it Works? (livestream)	Well-Being and Mental Health at Work (livestream)	The Power of Curiosity (virtual)
2:00	Break		
2:15	Virtual Closing Meet Up (virtual)		
2:30	Closing Keynote & Conference Adjourned at 3:30 p.m. (livestream)		