

First Line Manager's Day 2022



[Full session descriptions here](#)

Livestream = virtual participant joining the in person presentation live

Virtual = straight virtual presentation

8:00	Virtual Welcome & Meet Up (virtual)		
8:15	<u>Welcome & Keynote (livestream)</u> Dr. Karyn Gordon – Learn about leadership patterns to successfully lead teams, inspire people, give feedback, manage time and energy, handle conflict, take initiative and responsibility, and manage change under pressure.		
9:30	Break 9:50 Networking Break Activity: Mindful Moment <u>or</u> Stretch Break (choose one) – optional (virtual)		
10:00	<u>Leadershift Panel (livestream)</u> An exploration of the shifting role of leaders. Dive into challenges, opportunities and experiences of these leaders, along with the values, qualities and skills they embrace.		
10:45	Break		
11:00	BREAKOUT / CONCURRENT SESSIONS (select one):		
	Leadership & Management <u>Leader in the Middle (livestream)</u> Dive into the world of leaders who are sandwiched in the middle, and provide guidance how these leaders can have a positive impact, achieve results, and influence others.	Quality & Effectiveness <u>Redesigning the Workplace: Flexibility and the Future of Work (livestream)</u> Explore the changing nature of the workplace, with an underscore of employee retention issues and the great resignation.	Workplace Wellness <u>The Power of Curiosity (virtual)</u> Explore curious conversations - the ones where you walk away feeling energized and excited, interested and connected, and taken to places you never imagined.
12:00	Lunch Break 12:20 Canadian College of Health Leaders – The Circle (virtual)		
1:00	BREAKOUT / CONCURRENT SESSIONS (select one):		
	Leadership & Management <u>Inclusive Behaviours for Inclusive Leadership (virtual)</u> Explore four inclusive behaviours, reflect on your personal inclusive behaviour style, and develop an accountability plan for continuous improvement.	Quality & Effectiveness <u>What if it Works? (livestream)</u> Hear about Maxine's lived experiences and lessons learned during her career while addressing public health issues in rural Manitoba. Hear stories of empowerment in leadership and the importance of creating a supportive environment when introducing a new initiative.	Workplace Wellness <u>Well-Being and Mental Health at Work (livestream)</u> Hear from a leader with a strong track record for developing strategy, creating programs, and educating employees and leaders to support workplace mental health
2:00	Break 2:15 Virtual Closing Meet Up – optional (virtual)		
2:30	<u>Closing Keynote (livestream)</u> Zofia Dove – Humour is a powerful leadership tool to motivate, energize and inspire your team. By integrating humour in the workplace, leaders can tap into multiple psychological, physical, social and spiritual benefits.		
3:20	<u>Closing Remarks & Conference Adjourned at 3:30 p.m.</u> Mike Nader , President & Chief Executive Officer, Winnipeg Regional Health Authority		